



The Western Port Channel



The Rotary Club of Hastings Western Port

Celebrating over **40** years of service to the community

Meeting information:	Monday Evenings 6.00 for 6.30 pm.	Hastings Club, Marine Pde, Hastings
Contact Details:	PO Box 29 Hastings Vic 3915	Mobile: 0434193796
Email:	info@rotaryhastings.org.au	Website: http://www.rotaryhastings.org.au

Rotary International President:	Ron Burton
District 9820 Governor:	Tim Moore
Club President of Rotary Club Hastings Western Port:	Kim Kirk



Message from the President

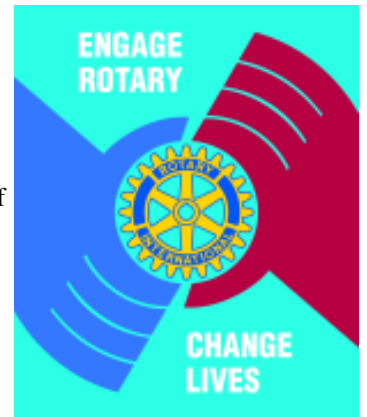
7th October 2013

Rotarians,

I hope that this newsletter finds you safe and well. Also that you survived the last few windy days without too much damage. It was amazing to sit in my lounge and watch the trees move violently backwards and forwards in the wind. I am amazed that there was only a couple of trees damaged, and none that damaged any property. The hardest thing for me was there was only really one day for me to get out in my garden and get it looking better. The only problem I have now is that I am now suffering with muscleitis (inflammation of the muscles). This is because I pulled up enough weeds to fill my green bin twice, and also moved 2 cubic metres of wood chips. However I now can now look over the garden and see how good it looks. Hopefully I will not need to do it again for a while.

Last week we had a great night sitting out in the dining area catching up on each other's lives outside of Rotary.

Next Monday (14th) we will be having our 'hat night' to raise some money for the Rotary Health Foundation. So please take this advanced warning to heart so that you remember to bring your hat next week.



Kim

This Week's Celebrations

Anniversaries

Eric and Jan McKenzie 9th



Birthdays

Marcia Reeves 7th October
Margaret Rees 7th October



Hat Day 20 May 2011 - Australian Rotary Health

<http://www.youtube.com/watch?v=Gv4Bx2I0QVk>



Program and Events

This Week's Meeting

Speaker (s):	TBA
Subject:	TBA
Chairperson:	TBA

Important Dates:

Dates:	14th Hat night
	30th October—Port Authority—Marina

Minutes from last meeting. Date: 30th September 2013

Minutes from meeting

Date 30th September, 2013.

No minutes: Social night. Some information on HAT DAY



Hat Day hits a high

The hype surrounding [Hat Day](#) hit a high when Channel Seven hosted two of their celebrity ambassadors on the *Morning Show* last month. Matt Lee, the Australian dancer and actor, former judge on Australia's *So You Think You Can Dance* and winner of the 2011 Helpmann Award for Best Male Actor in a Musical (*Mary Poppins*), and Elle Dawe, Australian actor most famous for her role in the TV Show *Housos*, have publicly supported the mission of Hat Day to shine a light on mental illness in Australia. In two separate interviews, they told Channel Seven audiences that Hat Day is a fun and positive way for people to get involved and show their support for friends, colleagues, family members and others in the community who may be affected by depression, anxiety, schizophrenia, anorexia and other mental illnesses.

Hat Day is an initiative of [Australian Rotary Health](#) held on October 11 during National Mental Health Week. 100 per cent of proceeds go to funding mental health research projects through the provision of Research Grants. Rotary clubs around Australia have registered a range of events to “hat up” and demonstrate their support for Hat Day. They include hat-themed club meetings, trivia nights, dinners, flash mobs, parties and other special events.

“Our DG dance for Hat Day is progressing well,” said Australian Rotary Health District 9630 Representative Russ Higginbotham

Hat Day Corporate Manager Terry Davies is encouraging all Rotarians and supporters to flick the switch on Mental Health and shine the light on Australian Rotary Health’s Hat Day for 2013

“Don’t forget your work colleagues, organise a Hat Day at your workplace and be a trail blazer for mental health research,” Terry said.

Special Event's

Port of Hastings Development Authority

*6.30pm on 30th October 2013
Limited places, booking essential
Details below*

**District 9820 Conference
Bendigo
14-16 March 2014
BOOK NOW**

2014 Rotary International Convention



<http://www.riconvention.org/en/2014/Pages/ridefault.aspx>

Register early and save for the Sydney RI Convention. Click on the above image to find out more on the 2014 Convention website.

The Rotary Four Way Test

Of the things we do....

1. Is it the truth?
2. Is it fair to all concerned
3. Will it build goodwill and better friendships
4. Will it be beneficial to all concerned



Rotary Grace

For Good Food, Good Fellowship, and the opportunity to serve through Rotary. We give thanks. Amen